Siggest Loser In Reverse. Contestants arrive fit, trim and full of life but then garge themselves to slovenly dysfunction on cookies, eggnog and exaggerated memories of childhood woe.

holiday spirit.

Salvation Army Black Ops. Warring charities kidnap bellringers, sabotage fund-drives and seek other ways to blow away the

Amazing Drunken Sled Race. Distiller of Maker's Mark teams up with producers of the original show. This spin-off limits contestants to travel by horse-drawn sleigh, dogsled, bobsled, luge or toboggan. And though allowance money and clues are also limited, the bourbon flows freely. Woozy contestants soon lose their will to win but have one heck of a good time in the process.

Kate Is Late. Santa stays too long at the Gosselin home. Now Kate Plus Nine won't have quite the rhyme.

Dancing With Antlers. Bristol Palin shows she can really dance—with anyone or anything. Even it if was "field dressed" by Mom.

Rudolph In Detox. Wherein the little son of Donner confesses to other misfits that the red nose is neither a result of the cold nor a genetic abnormality.

Okay, Mark Burnett and Jeff Probst have nothing to fear. My brief foray into reality TV has ended with a thud. So back to my own realities which include wishing you all the best for this season and the year ahead.

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